

COOKING VERSUS UNHAPPINESS IN HOME: LAMP SHADES FOR GIFTS: ANSWERS TO INQUIRIES

TWENTY-TWO STATES HAVE GIVEN WOMEN RIGHT TO VOTE

There Are 27,238,187 Women in the United States and 38 Per Cent Have at Least a Partial Vote—The Omen of the Baby Carriage Outside the Poles

THOUSANDS of home women throughout the United States have neglected to be interested in suffrage. And there is still the man who indulges in that time-worn joke, "I see a plain-looking woman with a high collar, wearing all sorts of hat-headed shoes, and remarks, 'she must be one of those suffragettes.'"

Here are some wake-up figures. I discovered in this splendid paper of the National American Woman Suffrage party that are so convincing it seems needless to comment on them or apply them to the dainty and the demure.

HERE is the line-up for the States in which:

Table with 3 columns: State, Women, Area. Lists 15 states including Arizona, California, Colorado, etc.

IT IS hard to feel the approach of big days. Newspapers with trained 'ar-sightedness' herald them, and yet we feel no different. Johnnie still sits down to the stove and the sun beams in the kitchen windows or mornings as domestic as ever.

THE DAILY NOVELETTE A Happy Surprise for Both By Eva H. Martin

"THERE now!" said Rhoda S., it's finished, and I'm glad, for it certainly has been a hard job, but it looks good. I'm proud of it, and I'm going to spend all my spare time knitting for the soldiers. They have hard jobs, too, at times.

"Well, to save him the trouble I'm going to write my name and address on a slip of paper and tuck it inside somewhere."

"No, I wouldn't like to do that. Some fellow from around here might get it, and think me a fine little fellow."

"Oh, go on," teased Mabel, "it might prove romantic, and I'm sure none of the boys who know us will ever get it. But would it be fun if brother Bill were to get it himself, he would think you had got to be 'some knitter' since he went to camp."

MRS. M. A. WILSON AND HER BOYS



It makes a person a little bit hungry to look at this picture. As for these sailors to be being initiated into the art of cooking at the Naval Home—'Often I drop in to see how they are getting along,' Lieutenant Commander Payne, of the home, says, 'and I cannot get a bit of the dishes cooked to taste myself!'

HOW FAR CAN YOU MAKE ONE SINGLE DOLLAR GO?

Mrs. Wilson Taught the Boys at the Naval Cooking School to Stretch a Hundred Pennies So—Well, Just Read These Tributes From the Navy

THE biggest and most important thing in the world is a home, and a good hot dinner at 6 o'clock in the evening comes perilously near being the backbone of it. A man who clicks his latchkey one-half hour after a whole working day can forgive a dusty pan. Yes, and he can overlook a shiny nose achieved in a good cause.

Do you believe all this? If you do, you are going to be good friends with Mrs. Mary A. Wilson, who, beginning Monday, December 9, will talk about cooking each day to Evening Post and Ledger readers through the columns of the Woman's Page.

There, there, girls! Hold off a minute and let me get my mind together. I recognized Rhoda as the girl of his dreams and dared some amazing glances at Bill, who was enjoying the joke to perfection.

Use for Overboiled Potatoes A use for overboiled potatoes is to place them in a cloth, squeeze hard, mix with flour or barley meal, and use in soups. They should be toasted and eaten with butter.

To Prevent Scorched Milk To prevent milk from scorching cover the bottom of the saucepan with water and let it get boiling hot before putting in the milk to boil.

Baby's First Christmas They took away my bottle and they gave me toys and drums— I wonder do they act like that whenever Christmas comes? I'm glad it's only once a year— They make such noises in my ear. —Burgess Johnson, in Rhymes for Little Folks.

Such Shoes As These Would Cost You At Least \$8. Elsewhere! ANY woman who has bought a pair of these Newark Shoes at \$5 will tell you so. Paying more than \$5 is altogether unnecessary—it is plain extravagance.

See them for yourself. If you don't think they are the greatest values in town, we do not expect, nor would we urge you to buy a pair.

The secret of our value-giving ability is just this: We produce Newark Shoes by the millions of pairs annually and sell them direct to the public through our own chain store system in the United States. Come tomorrow and see them.

Newark Shoes For Boys, \$2.50, \$3. & \$3.50

125 Style Newark Shoes For Men \$3.50 to \$6.00

Newark Shoe Stores Co. LARGEST RETAILERS OF SHOES IN THE WORLD. SIXTEEN WOMEN'S AND MEN'S STORES IN PHILADELPHIA. 2224 Market St., bet. 12th & 13th Sts. 2442 Chestnut St., bet. 10th & 11th Sts. 2781 Germantown Ave., bet. Lehigh Ave. and 33rd St. 1781 North 8th St., near Cherry St. 424 Market St., bet. 4th & 5th Sts. OTHER NEARBY STORES: CAMDEN, WILMINGTON, BRISTOL, CHESTER. —27 STORES IN 97 CITIES—

Mrs. Wilson Knows What Men Like to Eat

Not counting her seventeen years of experience abroad in the most famous establishments of England and France, for the last eighteen months Mrs. Wilson has had the most remarkable opportunity that ever came into the life of a woman. As head of the first naval cooking school in the United States and dealing with hundreds of sailors month after month, she has been able to make an exhaustive study of the appetites of boys and men. What do they like? And, provided you know what they like, how are you going to put it together cheap enough to give it to them? In the navy Mrs. Wilson teaches the boys how to cook things that are as low as twenty-eight cents a day for as low as twenty-eight cents a day.

Good Meals at Small Cost Perhaps the biggest lesson of all was giving the boys things they liked to eat for such a small amount, and this is one of the big principles on which Mrs. Wilson will find all her talks in the Evening Public Ledger. Good nourishing meals that will make everybody want to come home for dinner, and these at very low cost.

High officials of the navy have paid splendid tribute to Mrs. Wilson's ability and the attention of Secretary Daniels has been called to her work by the heads of the respective schools founded by her in Philadelphia, Boston and New London, Conn. In the archives of the navy, for instance, under this dignified heading, "Abstract From Report of Inspection of Naval Ship Barracks made by Rear Admiral A. Ross U. S. N., Ret'd to the Secretary of the Navy, March 6, 1918," there occurs this glowing tribute of how she succeeded in stretching every dollar:

"The inspection of this school was a revelation and the work done is simply marvelous. 'One phase most attractive was that the navy ration was used entirely that a member of the class could prepare a menu; could take the food in the raw, follow it through its various stages of preparation and cook-

ing the United States navy how to 'cook.' And the students in the classes prepared all their own meals. How Mrs. Wilson has succeeded is best illustrated by a letter written by Lieutenant Commander Payne, of the Naval Home, where she founded the first naval school for cooks, to Captain A. L. Key, U. S. N., of the Boston Navy Yard, when Captain Key was urging Mrs. Wilson to come to Boston to open a school for the sailors.

"Often I drop in to see how they are getting along," Commander Payne wrote, "and cannot get a bit of the dishes cooked to taste myself. They eat all they cook themselves from the very start. In the beginning I was afraid this would cause mutiny, before I put it into effect, but decided to risk it. Much to my surprise everybody in the school is having around the galley (which is a special one) for a handout. There is only one thing I can say in regard to this class, that the Governor and I are perfectly amazed at the results and would not have believed it possible to train men to such a point in such a short time. All the instruction is given by Mrs. Wilson, who is with them every day for about eight hours."

It was well known that years before Mrs. Wilson knew she would some day be teaching bluejeans to make pies and doughnuts, she was special chef to Queen Victoria, and to other blue-blooded members of European courts. But what? What do Queens know about everyday puddles whose blood is red, not blue, and who are used to racing in the house at 6 o'clock and yelling, 'What's for dinner?' No, it is her experience with hundreds of America's boys grouped around the

To Make Smelling Salts A simple way to make smelling salts is to procure an ounce of rock volatile and break it into small pieces. Put it into bottle and cover it with eau-de-cologne. Let it stand for a few days and it is ready for use.

In the same letter quoted above Lieutenant Commander Payne further wrote:

"In regard to the value of Mrs. Wilson's instruction, I do not think it can be overestimated. I originally started out to try to do what would be possible with one month of intensive training, and hoped that I might possibly do so in a few weeks. The result was that I did so in a few days. The system put into effect here at the end of two weeks' training I had men who could make pretty close to being satisfactory junior officers' or even ward-room officers' cooks."

Taught in Market "They bake splendid bread, biscuits, make cakes, pies, roasts all kinds of meats, make good baked beans and bean soup and, in fact, can cook the navy ration in more ways and put it up in better shape than I have ever seen it done before."

"They are taken to the markets to inspect foods in the market, shown how to select the best, to test the difference between bull, cow and steer meat, taught how to cut meats for cooking and shown how to cook it all possible ways, how to bake and make pastry, how to cook hospital diet and how to cook and wait in the table."

As a result of reports such as these the \$20,000 appropriation was made by the navy to build the scientifically equipped naval cooking school now nearing completion on the grounds of the Naval Home. Mrs. Wilson will, of course, continue to be head of the school, and all the wealth of experience to be gained in this perpetual matter of pleasing the boys with something new and cheap will be at the service of EVENING PUBLIC LEDGER readers.

Homemade Shaving Soap To make a good shaving soap, save all scraps of good toilet soap and mix them into a little jar, just cover with water and place in the oven just over

Hostesses! Can you toy carelessly, brilliantly, with any subject? Can you introduce an actress and a moralist without shocking either—talk to an artist as though he had short hair—listen intelligently to a dowager's vers libre—keep a mild socialist in a state of non-resistance—understand the soul of a misunderstood poet? Are you so popular, so charming, so brilliant, that buds, bachelors, butlers, and ambassadors pray for your invitations? In short—do you buy—read—make use of

VANITY FAIR December Number On Sale Now Price 35 cents

Said the Old Grocer "I THOUGHT home-baking had gone out of fashion, but, believe me, there has been a great revival, and a great improvement, in the art since they discovered Miss Pringle Pure Phosphate Baking Powder—the greatest baking discovery in 50 years. It beats everything." 20c full 1/2 lb. 35c full 1 lb. Community Stores We Serve You Save and other good stores. A Nutritious Diet for All Ages. Quick Lunch; Home or Office. OTHERS ARE IMITATIONS.

Please Tell Me What to Do

By CYNTHIA

Who Pays? Dear Cynthia—I would appreciate your opinion of the following: A young man living in a suburban town asks about the proper age to meet him in person for a matinee. She is from the city and has a very nice office in the office of "seeing her home." But when she says she will go, she says "how many ways? They both have commutation tickets, which in this case is not a problem, as you know, since you insisted on using her commutation ticket. In a similar case, with a different woman, the tickets were supplied by her escort, although it is known that she has a commutation ticket. The point is, looking at it for the moment from the girl's standpoint, should she provide her own tickets on the train? The first girl remarked that if the young man had paid for her ticket, she would have been able to at least use her commutation ticket and save the extra cost of a single fare. As for the second girl, she said she would make it up to him, and what you say or not, it is determined by the circumstances of finance on either side. PHENIX

THE WOMAN'S EXCHANGE

TODAY'S INQUIRIES 1. Suggest a novel way to combine the Red Cross and Christmas decoration in the windows at holiday time. 2. What is the cost of a famous cut glass set for which the White House is noted? 3. Suggest an unusual frock for a bridesmaid. 4. How can old trunks no longer of any use be turned into something and practical articles of furniture? 5. What are recent amusements? 6. As a rule pens are served with chicken croquettes. What makes a novel departure in the way of an art or vegetable?

Build Up General Health To the Editor of Woman's Page: Dear Madam—Would you please offer me information as to the treatment of dandruff, which is persistent and constantly present on my hair. Also, what would be a remedy of the nose? READER

It sounds as if your trouble might be in your general lack of health. Dandruff reflects your condition so quickly as your hair and the redness of your nose. Build up your general health, taking plenty of exercise. The red nose as a rule comes from lack of circulation of indigestion. A regular course in exercise will improve your circulation wonderfully and also your digestion. If you do not see a doctor use a brush in washing your hair to get rid of the dandruff. Use a soft brush that can be used on the scalp. Rub the hair in the sun, fluffing it out around the head. Be faithful to the daily massage. Spending at least ten minutes on it. This can take the place of too frequent brushing in your case as brushing circulates oil. You can get a hair tonic that will help your hair.

Things to Know Envelope nighties will keep baby warm at night. They are made by attaching a wide band all around the hem of the ordinary nightgown. This is equipped with buttons and buttonholes.

Some of the smartest new hats for evening have fur crowns. Here is a use for small square pieces of fur that have seemed to be valueless.

Beauty Secrets To the Editor of Woman's Page: Dear Madam—I am a little reader of your column. Please help me. I have large pores on my nose and the skin is very oily. Do you have any remedy for this? Also, how can a red nose be cured? COUSINE

Keeping the face scrupulously clean and then giving it the best treatment will make it faithfully kept up. Get a good facial soap, making it into a lather and working it into the face, using warm water and a complexion brush. Rinse the face in warm water and then use a cold water. Next apply a thin coating of cold cream if cold cream is not inclined to make the hair grow in the face. If you use this part of the treatment, finally wrap a piece of ice in a thin, wet piece of cloth or use a cold water. Use it on the face as though you were ironing it. Repeat this treatment every night. Red nose is, as a rule, caused by bad circulation or a system that is out of order. Take a course in exercise and use of hot and cold water and see if this does not help. The exercise must be persisted in.

To Have Lovely Hair To the Editor of Woman's Page: Dear Madam—About a week after washing my hair it gets very oily. Do you think it is too often? Do you think it is too often? SYLVIA A.

DO'S & DON'T'S Help Clear Away Skin and Scalp Troubles with Cuticura The Soap to Cleanse and Purify the Ointment to Soothe and Heal These fragrant, soap-cream emollients relieve and help to clear the skin of irritation, redness and roughness, the scalp of irritation and dandruff, and the hands of chaps. In purity, delicate medication, refreshing fragrance, convenience and economy, Cuticura Soap and Ointment meet with the approval of the most discriminating. Ideal for everyday toilet uses. For sample each by mail address: Newark, N. J. Cuticura Dept., Boston, Sold everywhere.

Are Your Hats Individual? Your hat may have richness, and depth of color. It may have lovely lines about it, and a charming face below its brim. But unless it has that indescribable product of inspiration and imagination—'It isn't a hat, it's a fashion.' You don't need more money to make your hat a success; you need expert advice. You need VOGUE December 1st Number Now On Sale Price 35 Cents

Women, Look Young Avoid Gray Hair LA CREOLE Hair Dressing is a Delightful, Scientific Preparation That Darkens and Beautifies Gray Hair Naturally WOMEN, don't be handicapped socially by gray hair. Keep on looking young and attractive. You are not doing yourself justice if you grow prematurely gray and old before your time. It has been said that "Woman's crowning glory is her hair." It is the living truth. Nothing adds so much to a woman's charms and attractions as a head of beautiful, luxuriant, natural colored hair. Take advantage of this opportunity to be more attractive and act today. LA CREOLE Hair Dressing does not stain the scalp, wash or rub off, or leave any greasy effect on the hair. It is easily applied in the privacy of the home by simply combing or brushing through the hair and restores the color and beauty in a natural way. Get a bottle of LA CREOLE Hair Dressing from your druggist today with the distinct understanding that it is positively guaranteed to do all that is claimed. For sale by all good drug stores and toilet counters or sent direct for \$1.50 by Van Vleet-Mansfield Drug Co., Memphis, Tenn.